Challengers Mental Health and Wellbeing Champions are here to support you



Ella Arbelaez-Rodriguez -Head of People & Culture



Zoe Youkee – Community Liaison Manager/ Mental Health First Aider

Challengers





Alex Hubbard – Service & Admin Manager/ Mental Health First Aider



Helena Burke-Community and Events Officer/ Mental Health First Aider



Madeline Church – Impact & Evaluation Officer/ Mental Health First Aider

Alex Devoy – Partnerships & Individual Giving Officer



Amy Wittish – Farnham Pre-School Manager/ Mental Health First Aider

Ash Morgan – Training Lead



Gen Dearman - CEO Wellbeing Advocate

Get in touch with them by email: wellbeing@disability-challengers.org

